

Many people offer solutions, few deliver results. As an ICF Master Certified Coach, executive life coach, authorpreneur, and corporate trainer for several organizations, Sophia Casey does much more than support individual and corporate clients with problem-solving. She helps leaders of all calibers get transformative results that catapult their organizations. She is applauded as a thought leader in the coaching industry and has mentored, trained, and coached thousands of executives and leadership, career, and life coaches.

Sophia Casey is co-founder and the Chief Learning Officer of the International Coaching & Leadership Institute (ICLI). ICLI offers International Coaching Federation [ICF] continuing coach education [CCE] units and transformational leadership certification programs to coaches globally, both new and experienced.



Sophia Casey, MCC

Founder & Chief Learning Officer

International Coaching & Leadership Institute (ICLI)

Having served as Director of First Impressions for a task force for the former Vice President of the United States, her innate ability for excellence, execution, and acceleration helped her support change agents by increasing their resilience and leveraging their strengths to get results above circumstances.

More than 60 global retail, health, transportation, and IT organizations have recruited Sophia to provide executive coaching, DEIA training, strategic planning, and leadership development solutions. Her work with these organizations' executive cadre resulted in strengthened leadership skills, decreased team communication misalignment, and enhanced productivity.

Sophia's love for leadership and executive coaching led to her being named a Top Transformational Coach by USA Today. She is proud of her work at the Internal Revenue Service (IRS), where she served on executive teams responsible for processing over 200 million tax returns annually, managing over 6500 workers, and executing a \$1.6 billion budget. Sophia served as an agent of change as head of training organizations in the federal government and private sector arenas, including her tenure as Director of Enterprise-wide Training, providing professional development solutions for more than Ten thousand engineers, attorneys, and analysts. As a Master Certified Coach (CCC) through the International Coaching Federation (ICF), Sophia is an avid advocate for coaches to have strong coaching skills, become ICF credentialed, and have businesses that work.

Sophia is also a bestselling author committed to women's global empowerment, as evidenced by her novel, *Fierce Vulnerability: A Colored Girl's Truths, Trials, and Triumphs* debuting as Amazon's number one new release for Dramas and Plays by Women, and the popular *Ease & Flow Journal: A 31-Day Journal to Get Clear, Connected, and Courageous About Life*. Her work has been highlighted on Fox News, NBC, CBS, and Success magazine. n Sophia's stories of hope, leadership, and healing leave a distinct mark on the hearts and minds of others that cannot easily be erased.