

# REGINALD G. JACKSON, SR. PCC

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Reginald aka Coach Reggie is a United States Marine Corps veteran and served on active duty for more than 20 years. His military experience is the foundation of his leadership development expertise and marks the genesis of his commitment to coaching.

He's also the founder and principal coach of Total Brilliance Coaching. As a Professional Certified Coach (PCC) credentialed by the International Coach Federation, Coach Reggie works with clients who range from emerging organizational leaders to senior executives, in both the public and private sector. The areas of development he's most known for are building highly effective teams, enhancing communication skills, and legacy leadership.

He also serves as a Mentor Coach, trainer, and facilitator, responsible for teaching and leading others to become professional coaches.

Along with earning a B.S. in Computer Information Systems and an MBA (with a focus in project management), he's currently pursuing a Ph.D. in Organizational and Industrial Psychology, specializing in Leadership Development and Coaching.



Coach Reggie has authored articles featured in Recruiter.com, International Coaching News, Noomi (an online service for coaching), and as a contributor to the Huffington Post. He is sought after as a workshop facilitator, panelist, and keynote speaker. As a relentless advocate of health and wellness and sound nutrition, physical fitness is extremely important.

In 2018 he ran his first Spartan race and has been hooked ever since. His philosophy of constantly stepping outside his comfort zone and pushing his mind and body to the limit is the same philosophy that exists in his coaching which is what inspires his clients to do the same.