

VERONICA L. MATTHEWS



I'm a newly published Author, Public Speaker, Trainer, Human Resources Leader and overall Developer of People!

People have always been a draw for me. Relating to people and understanding what makes them tick has intrigued me since I was a little girl. Within the study of Human Resources, I learned I loved supporting people as they created and navigated their career, as they wanted to rebuild working relationships damaged by interpersonal and/or communication issues and as managers struggled to relate and 'get through to' their employees. My charge came from coaching to awareness and professional growth.

Fast forward 10 years, as a lover of education and self-development, I took a Coaching course in 2015. There in the middle of the lesson on the 2nd day, I had an epiphany. Tears welled in my eyes and my life's purpose was revealed to me, right there in class. I discovered that my passion to support people in their journey to be their best selves was what I was destined to do. In 2019, I completed a year-long journey of self-discovery and Coach training with Accomplishment Coaching (AC).

I have learned more about myself than I could ever imagine. As I continue to transform, my desire is to wholeHEARTedly support others in their transformation ... while creating awareness and enlightenment.

From AC, I learned at my core/my essence, I am Heart-Poise-Brilliance-Virtue-Valor. In my essence, I stand ready to support you through discovery, enlightenment and transformation as you journey to create the life you want to live and Be who you were destined to Be.

My clients experience growth, transformation and achieve their personal and professional goals through my coaching.



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